

# JANUARY 2012 CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00 AM	ZUMBA	POWER UP	STEP	POWER UP	KICK
8:00 AM	POWER UP	CYCLE	STEP	POWER UP	CYCLE
5:45 PM	CYCLE	**POWER UP/STEP	**ZUMBA/KICK	CYCLE	STEP
6:30 PM	<b>X</b>	<b>X</b>	<b>X</b>	BUTTS & GUTS	<b>X</b>

ALL CLASSES 45 MIN LONG-- 3 TO MAKE CLASS-- CLASS SUBJECT TO CHANGE-----\*\*1ST--3RD--& 5TH OF EACH MONTH

--	--	--	--	--